

H. B. Mattlin Middle School

Progressive
Developmental Guidance
Program

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Mission Statement

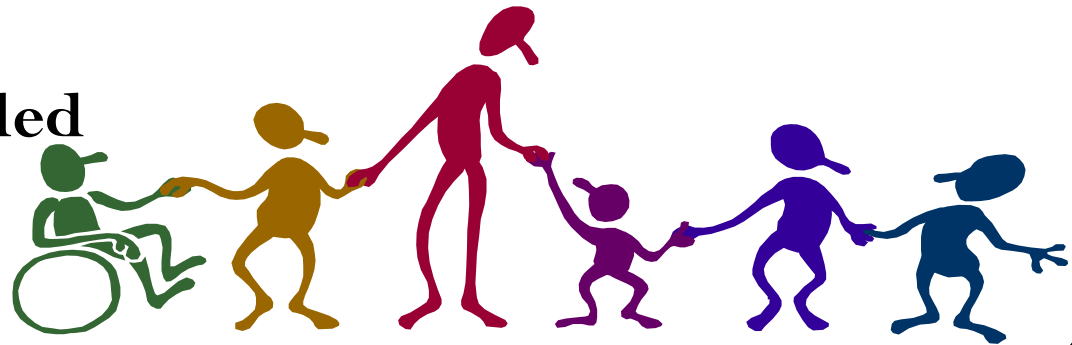
- School counselors are professionally trained and New York State certified professionals whose role is to identify and address student needs through the use of a comprehensive school counseling program geared towards student success. Our main goal is to advocate for our students and ensure that they each have a successful middle school experience. We work with students individually, in small groups, and within the classroom setting to support and assist them with their academic, social/emotional, behavioral, and personal development. We also work collaboratively with students, parents, teachers, and other professionals in order to identify and minimize any barriers that stand in the way of student success. In addition, we serve as an important source of information, resources, and referrals.

School-wide Initiatives

- **Character Education Program - PRIDE** School-wide character education initiative based on Personal Best, Respect, Impulse Control, Decision Making, and Empathy
- **PRIDE Forums**
- **Teacher Forums**
- **National School Counseling Week**
- **No Name Calling Week**
- **Spirit Week**
- **Transition Programs**
- **High School Peer Mentor Program**

Individual Counseling

- **Crisis intervention**
- **Conflict resolution**
- **Academic counseling**
- **Career counseling**
- **Decision making skills**
- **Organizational skills**
- **Transition planning**
- **Mandated counseling**
- **Mediation**
- **Counseling as needed**



Group Counseling

Please note that guidance counseling groups are subject to change based on the specific needs of students.

- **Stress management** – learn strategies cope with stress
- **Friendship group** – learn ways to make new friends
- **Social skills** - learn and practice social skills in a controlled environment
- **Bereavement** – support group for students who have lost a loved one
- **Changing Families** – families of divorce/separation
- **New student** – familiarize new students with Mattlin Middle School
- **Relational Aggression** – learn and utilize strategies positive communication strategies
- **Organization** – learn helpful organizational skill
- **Study skills** – learn helpful study tips and strategies
- **Time management** – learn effective time management strategies
- **Decision making** - learn and practice effective decision making skills
- **Public speaking** - learn helpful skills for public speaking
- **Problem solvers** – learn how to use and apply problem solving skills to real life situations
- **Self esteem** – support for group to assist students in feeling more positive about themselves
- **Anger management** – learn coping skills, triggers, and strategies for managing anger
- **SOS** – peer mentor program which helps children who have difficulty maintaining and sustaining friendships

Social & Emotional Learning (SEL)/Classroom Lessons

- Introduction to Guidance Lessons
- Transition Programs
- Our Changing World
Internet Safety
- Sexual Harrassment
- Study Skills, Organizational Skills, and Goal Setting
- Tolerance and Acceptance
- Academic Planning and Scheduling
- PRIDE
- High School 101

Please note that guidance classroom lessons can be individual or small/large group programs. They are tailored to the developmental needs of the grade level.

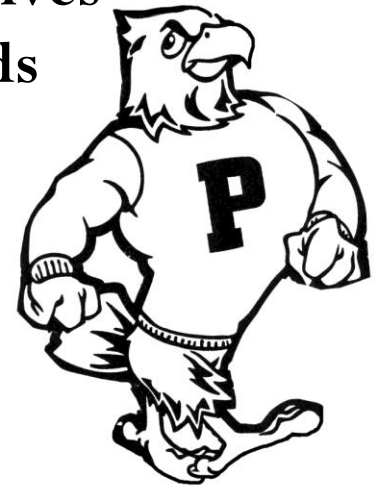
Articulation and Advocacy

- **CSE Meetings** – Committee on Special Education
- **504 Meetings**
- **408 Meetings**
- **STARS** – Support Team for At Risk Students
- **ARS** – At Risk Student Meetings with Administration and Support Staff
- **Support Staff Meetings**
- **Team Meetings**
- **Parent/Team Meetings**
- **Articulation/Transition Meetings**
- **Guidance Department Meetings**
- **District-Wide Guidance Department Meetings**



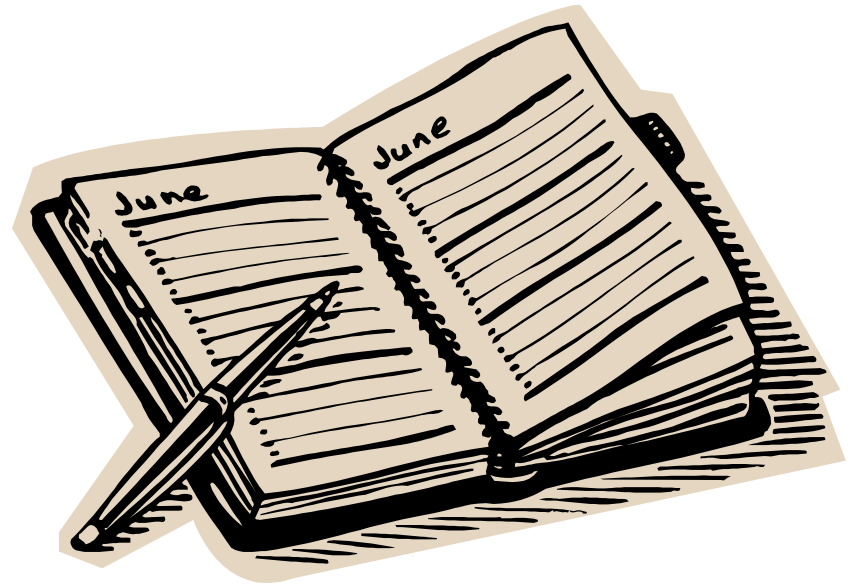
Parent/Orientation Programs

- **New Student Orientation**
- **Incoming Grade 5 Orientation**
- **Back to School Night**
- **Transition Programs for Grades 5 – 8**
- **Parent /Teacher Conferences**
- **High School 101/Middle School 101**
- **8th Grade Visitation to High School**
- **8th Grade Orientation to High School Electives**
- **Presentations based upon community needs**
 - Past presentations have included:
 - Internet Safety
 - Cyberbullying
 - A Night with John Halligan



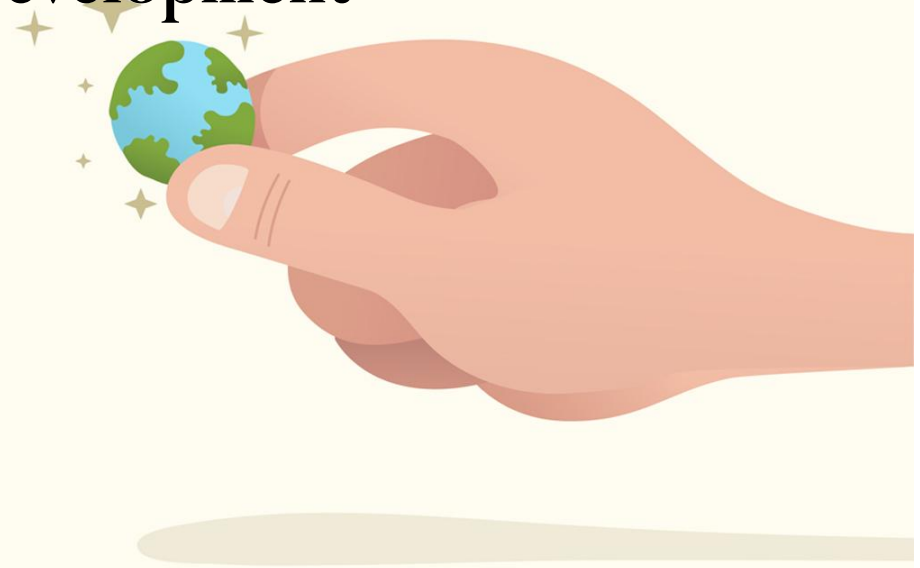
Scheduling

- Grade level scheduling
- Individual Student/Parent Meetings (8th grade)
- Input Course Requests
- Course Verification
- Course Placement Counseling (Self-Selection)
- Class Conflict Resolution
- Balance Classes
- Articulation with Teachers



Community Outreach

- **Newsletters** – provides information on current trends and topics for middle school students and parents (approximately three times per year to all parents)
- **Guidance Website** – provides parents with up-to-date information and resources for their middle school children
- **Ongoing Professional Development**
- **Networking**



Timeline

Please note that guidance counseling groups and classroom lessons do not have a set timeline. They are incorporated throughout the course of the school-year and are subject to change based on the specific needs of the students.

September	October	November	December	January
<ul style="list-style-type: none"> • Orientation Programs • Articulation • Back to School Night • Scheduling • New Entrant Groups 	<ul style="list-style-type: none"> • Spirit Week • New Entrant Groups • Career Exploration 	<ul style="list-style-type: none"> • Parent/Teacher Conferences 	<ul style="list-style-type: none"> • Parent/Teacher Conferences • Mentor Program with High School Students 	<ul style="list-style-type: none"> • High School 101 • 8th & 9th Grade Parent Transition Meeting • No Name Calling Week
February	March	April	May	June
<ul style="list-style-type: none"> • Parent/Teacher Conferences • National School Counseling Week • Annual Reviews • HS Scheduling Process Begins • Career Exploration 	<ul style="list-style-type: none"> • High School 101 • 6th & 7th Grade Parent Transition Meeting • Annual Reviews • Scheduling 	<ul style="list-style-type: none"> • NYS Testing • 5th Grade Parent Transition Meeting • Annual Reviews • Scheduling • Career Exploration 	<ul style="list-style-type: none"> • Articulation • NYS Testing • Annual Reviews • Scheduling • 504 Meetings 	<ul style="list-style-type: none"> • High School 101 • PRIDE Awards • Articulation • NYS Testing • Annual Reviews • Scheduling